



**SPARKLE**  
**TOTS** PRESCHOOL  
BY PAP COMMUNITY FOUNDATION

# Joy of Reading

*Pre-Nursery*



# My Nature Headband

## What to prepare:

1. A strip of paper that is long enough to be made into a headband. (You may consider using papers that can be recycled, brochures, magazines or folded newspapers too)
2. Stationery
3. Double-sided tape and scotch tape
4. Glue
5. Foliage that has been collected from a previous walk (if the activity is being carried out indoors)

## What we are learning:

1. Observing and identifying different colours, shapes, sizes, and textures in the environment.
2. Developing a love and appreciation for nature.



### *Tips for parents:*

Pick enough foliage to do the activity as a family at home. Play a game while creating the headbands by taking turns to choose an item to place on each family member's headband.

Children make sense of the world around them by observing and using their senses. As they explore nature, they practise problem solving skills and deepen their appreciation of the world.

What you can do with your child:

1. Invite your child to help you fold the paper to create a size that is appropriate for a headband. (You may consider making bangles if your child feels uncomfortable wearing a hat or headband.)
2. Place some double-sided tape on the headband.
3. Go for a walk with your child. Draw your child's attention to the different colours, shapes, sizes and textures in the environment.
4. Encourage your child to look for leaves or flowers that seems interesting to him/her to decorate his/her headband.
5. When both of you have completed your headband, share the headband with each other and spend some time looking at and talking about the different leaves/flowers that each of you have chosen.

# Time to Bowl!

## What to prepare:

1. Ball (make one with recycled paper/newspaper if you do not have a ball)
2. Boxes/plastic bottles/ tins

## What we are learning:

1. Developing problem solving skills to turn recyclables into a game prop.
2. Practising counting skills as he/she counts the items that fall or are still standing.

Introduce your child to the concept of reusing by giving him/her an opportunity to identify items that will be used for a game. As your child begins to use recyclable items in different ways, he/she builds on his/her imagination, creativity and problem-solving skills.

## What you can do with your child:

1. Invite your child to help you sort the items for recycling. Talk to him/her about the different shapes he/she might observe. E.g., square/rectangle boxes, circle bottle caps etc
2. Guide your child to place either some boxes of different sizes or plastic bottles aside to play a game. Take this opportunity to talk to your child about how people can reuse items to play and have fun.
3. Place the boxes/bottles in a row and model to your child how he/she can roll the ball to knock the items down.
4. Count the number of items still standing and take turns to roll the ball till all the boxes/bottles have fallen.
5. Repeat the game as long as your child displays interest.



## *Tips for parents:*

Paint/decorate the boxes/bottles together to encourage counting/identifying colours. E.g, red=1 point, blue=2 points